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MARCH 1971

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Carolina Country

Read Monthly in More Than 200,000 Homes.

Vol. 3

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March, 1971

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Executive Manager

All Out to Bring the Lights Back On



Roy Hardee's dramatic photograph vividly portrays the devastation wrought to electric lines by the January 8-9 ice storm.

The storm, the worst of its kind since 1968, to quote State REA Chairman Gwyn Price, caused widespread outages from the western edge of the Piedmont to the coast. Thousands of North Carolinians served by electric companies, electric cities and electric membership corporations, in cities as well as rural areas, discovered in the cold darkness and anxiety what it's like to be without electricity. For many, the ordeal brought a new appreciation of a service ordinarily taken for granted. For some, it seemed the lights would never come back on.

But they did. They did because hundreds of electric personnel like the linemen and employees of your EMCs worked from shortly after midnight that bleak Saturday morning until into the following week, overtime, sometimes over-tired, to repair the storm damage. And under an emergency weather plan which goes into effect whenever trouble strikes, EMCs outside the damage area sent men and equipment to assist EMCs in the storm's path.

REA Chairman Gwyn Price, commenting on the repair operation, said electric systems serving rural areas did a remarkable job under adverse circumstances. He commended the linemen for their dedication and he expressed appreciation to "the many people who understood the enormity of the storm and made out without electricity until their power could be restored."

We do, too.

Jim Chaney

(Photo from The News and Observer, Jan. 10, taken in Pitt County between Winterville and Ayden.)

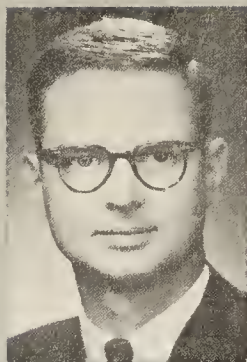
OVER — North Carolina's 320-mile coast, with its Outer Banks, sounds, bays and inlets, is one of the longest and most varied on the Atlantic seaboard. The restless ocean which washes its shores rocked the cradle of our history (see page 6) and is one of our state's great attractions and resources. This month's cover photo is from the brochure, "North Carolina, the Goodliest Land," published by the Travel and Promotion Division of the State Department of Conservation and Development.

This month . . .

TARHEEL RURAL LINES
CRADLE OF HISTORY
OPERATION MAINSTREAM
THE CAROLINA HOMEMAKER
PROFILE
HALE!

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CAROLINA COUNTRY, MARCH, 1971



TARHEEL RURAL LINES

a commentary on events and issues important
to consumer-owners of EMCs/by J. C. Brown Jr.

Let's Hear It for the People

REGARDLESS OF WHERE the money comes from, Presidents are elected by the people—not the special interests which one way or the other finance their publicity campaigns. Therefore, it shouldn't be asking too much that millions of people who cast the votes and pay most of the taxes get some consideration in the sharing of tax-supported benefits.

The present Administration, and its Office of Management and Budget (formerly the Budget Bureau), have given a low priority to programs which are of direct benefit to the people, and a high priority to covering up the mistakes of management in some of our largest industries. For instance, while Congress appropriated the money, the President's Management and Budget Office refused to allow the REA Administrator to loan \$40 million to rural electric co-ops in order to better serve their members in fiscal 1970 and 1971. This money was withheld regardless of the fact that as of the end of the calendar year, REA held a backlog of loan applications totaling \$288 million. The present Rural Electrification Administration has also declared an embargo on Generation and Transmission loans, which has resulted in an impairment of the co-ops' ability to bargain for reasonable wholesale contracts with the power companies. A consequence of this policy is seen in the power companies' applications for wholesale rate increases which would up some North Carolina co-ops' power bills as much as 45 per cent. Our statewide organizations are fighting the increases before the Federal Power Commission, but if we aren't successful, you are the ones who will suffer. About 40 to 50 per cent of your EMC's expenses are for the power it purchases wholesale. Operating close to the vest in order to deliver power to you at a low cost, the co-ops have no alternative but to increase rates when the commercial power companies increase their wholesale rates.

While the people's programs are suffering from highly conservative budgeting, some large industries have no trouble getting the President's endorsement of staggering financial commitments to bail them out of trouble. His Administration has requested \$120 million to bail out Penn-Central Railroad, \$400 million to help General Dynamics Corp. recover from its mistake with the F-111 program, \$1.4 billion to save Lockheed Aircraft, and a 10-year subsidy of \$4.7 billion for the shipping industry. At the same time, he has approved a \$2.3 billion per year pay raise for upper echelon federal employees and vetoed a \$130 million boost for the relatively poorly-paid "blue-collar" workers. The Administration has requested only token support of other programs directly beneficial to the sickest sectors of the economy, such as rural housing hospitals, education and manpower training.

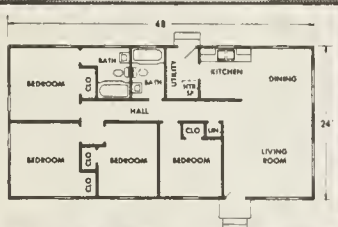
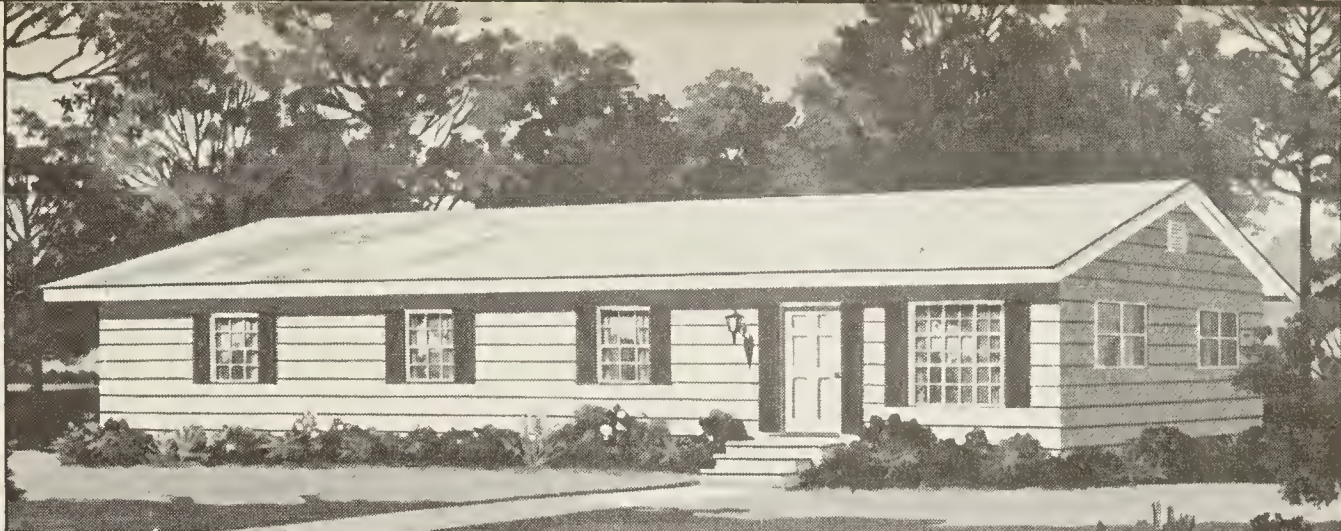
Rural Housing Program Spared

Only the intervention of concerned Congressmen, the Rural Housing Coalition and rural electric leaders saved the Farmers Home rural housing loan program from a drastic and unwarranted cut. The Administration had reduced the \$1.4 billion planned for Farmers Home housing financing this fiscal year to \$934 million. In a last minute about-face, the Administration restored the full \$1.4 billion.

Power Companies Advertising Report

Sen. Lee Metcalf of Montana has charged that power companies operating in North Carolina spent nearly four times as much in 1969 on advertising as they did for research. The report showed that CP&L, Duke and VEPCo. spent more than \$4.6 million in advertising and \$1.3 million for research and development.

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Cradle of History

Stand very quietly on a sand dune and listen. Hear the whisper of the wind and the heaving and the sighing of the sea. A thousand tales ride these breezes, and the uneasy sea knows them all. It is said that Spanish buccaneers rested on these banks that fringe the eastern edge of North Carolina a generation before Sir Walter Raleigh's grand dream flowered—and perished—here nearly four centuries ago.

Old people here say there's gold beneath these dunes—treasure tarnished with blood drawn by the rapiers of pirates. When they tell of these treasures, they speak with easy familiarity of the infamous men who allegedly buried them.

The waters that pound against the seaward side of the Outer Banks are storied, too. More than 2,000 ships have sunk just offshore in the "Graveyard of the Atlantic." The rusted stacks and boilers and masts that protrude above the waves mark the resting places of many. Often, the sands of the ocean floor shift suddenly, baring the skeletal remains of an old schooner or steamship, and giving truth to one theory that the sea raises all it has buried.

Oh, the stories are many in eastern North Carolina. And many are true, documented in the history books. On Roanoke Island, the first English attempt to settle America failed, leaving an unsolved mystery. Nearby at Kitty Hawk, man's attempts to fly succeeded.

Eastern North Carolina is where Englishman John Locke's attempt to establish a European-like feudal system was repudiated roundly by men determined to be free.

Indeed, a love of freedom and a distaste for any form of caste system have always run deep in the flatlands of eastern North Carolina. The remnants of grand plantations remain, but the eastern section is primarily the land of the yeoman farmer, self-sufficient, fiercely independent, but outgoing and friendly.

Early in its history, eastern North Carolina's spirit of independence prevailed against colonial governors who sought to impose their will on the people.

"All the governors that ever lived in this province lived in fear of the people and dreaded their assemblies," wrote Governor George Burrington in 1731.

England felt the ire of early easterners when it enacted oppressive trade, tariff and stamp acts. In Culpeper's Rebellion, the first rebellion against foreign rule in the New World, eastern North Carolinians resisted the Navigation Act. In 1774, before irate Bostonians dumped his majesty's tea into the sea, Edenton had a tea party, organized by Mrs. Penelope Barker and attended by women angered by unjust treatment from the British Crown. In April, 1776, when North Carolina's Fourth Provincial Congress met in Halifax, a unified cry of "independence" was raised and the historic Halifax Resolves were adopted.

Ask a resident of North Carolina's midlands or mountain region where eastern North Carolina is, and he'll fling an arm casually toward the rising sun, wave it southward a bit and declare, "Why, it's down yonder."

"Down yonder" is roughly one-third of North Carolina, and encompasses a broad sweep of beaches and islands, rivers and fertile fields and gentle people. It is the land of broad savannahs created by the annual fires of colonial farmers, of pine and white oak trees, churches, barbecue, steamed clams, brunswick stew, tobacco, peanuts, and livestock. The east is the land of the flowering crepe myrtle tree, the lush scuppernong grapevine and the umbrella-shaped chinaberry tree.

The love the people of eastern North Carolina have for this land is an old passion, rooted in tradition, tested by trial. It is a love quickly acquired by many who visit here.

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Carolina Model Homes will build your choice of any one of our models on your lot. The exterior will be completely finished with screen doors, windows, all hardware, and two coats of first quality paint. You have several options for completing the interior that range from basic home to fully finished home.

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Operation Mainstream in action at W. Kerr Scott Dam.



Attractive camping sites are well used at Reservoir.

Operation Mainstream

*Job Opportunities at W. Kerr Scott Reservoir
Help Jobless Men Break the Bonds of Poverty*

By Richard E. Brown

W. Kerr Scott Dam and Reservoir near Wilkesboro, has proven its value in many ways since it was built by a U.S. Army Corps of Engineers and opened to the public in 1963. The people of Wilkes County, in northwestern North Carolina, will attest that the reservoir has benefitted the area a thousand fold besides providing flood protection to the Wilkesboro area along the Yadkin River below the earth-filled dam.

Major industries, such as the Holly Farms Poultry Industries, Inc., one of the largest poultry processing companies in the world, have established themselves in the county, taking advantage of the fine recreational opportunities provided for the employees by the beautiful reservoir. Ithaca Hosiery, Inc., from Ithaca, N. Y., and Troutman Shirt Company are among several companies who have built new plants in the protected valley, along with the Wilkes Community College, a new Holiday Inn and the Wilkes County Airport.

The reservoir itself is attracting campers and picnickers, fishermen and water sports enthusiasts at an average of over a half-million visitors a year.

The prime purpose of the dam and reservoir, flood control of the upper Yadkin River above Wilkesboro, was

demonstrated dramatically in August, 1970 when the W. Kerr Scott Dam and Reservoir held 21½ billion gallons of flood waters for several days to prevent further flooding of North Wilkesboro, Wilkesboro, Elkin, and other towns downstream after 12-inch rains fell on the Yadkin's headwaters.

And now the small reservoir in the Blue Ridge Mountains is providing still other benefits to Wilkes County and the surrounding community, jobs for the hard-core unemployed.

Operation Mainstream, a work-study program for the chronically unemployed, has provided 25 men from Wilkes County to help clean up the debris left by the flood waters contained by the W. Kerr Scott Reservoir. The program has been funded by the Department of Labor and is being administered by the Blue Ridge Opportunity Commission, the anti-poverty agency serving Ashe, Alleghany, and Wilkes counties.

As Arlene Edwards, of the Winston-Salem Journal wrote in the Journal's Sept. 7, 1970, issue: "... The rains that flooded that Yadkin River Valley last month were showers of blessing for two dozen jobless men. The aftermath of the flooding gave the men—some of them alcoholics, parolees and hard-core unemployed—a dramatic way of proving just how hard

they will work if given the chance. They hauled away trash that had washed off creek banks into the Yadkin and then deposited itself in the reservoir's camping and picnic areas.

"They fished out the logs and brush that had floated down the river and off the reservoir's steep banks into its huge pool.

"They scrubbed mud and silt off picnic tables and repaired the damaged shelters..."

The Operation Mainstream program for these 25 men from Wilkes County—and an equal number from Ashe and Alleghany Counties working on the Blue Ridge Parkway—assures them of a job for as long as funds are provided by the Department of Labor. Agencies in the three counties qualified for the grant by agreeing to provide services worth at least \$12,000.

The Corps of Engineers are providing supervision, trucks, and other additional equipment necessary for the men to work 32 hours per week at \$1.60 per hour on the reservoir.

The manager of the reservoir, James E. Mason, is delighted with the way these men have contributed to the back-breaking cleanup operation. He is more than enthused about the program and states, "We would have really been hurting if it hadn't been for them!"



The Yadkin Valley Regatta, sponsored annually at W. Kerr Scott Reservoir, attracts many entries and spectators.

Wilkes Community College, another county agency contributing services to secure the grant, is providing a teacher, Mrs. Elizabeth (Bunny) Kelso, for six hours of classroom instruction required each week. The Employment Security Commission furnishes two hours of work counseling each week to make up the 40 hours per week for which each man is paid.

The Director of the program for the Blue Ridge Opportunity Commission, John Dawson, a director of Blue Ridge EMC, says welfare rolls in the area are the prime source for these men. The Manpower Program could not handle these men, and some of them were receiving as much as \$169 per month from welfare, plus food and medical assistance.

Private businesses are employing some of the men who have proven themselves on the federally-financed jobs. Dawson says that 20 men have been placed since the program started last July 27.

The six hours of elementary schooling is an important part of the program, according to Dawson. He is convinced that the participants are acquiring the educational skills needed

to get a job, as well as the discipline—two supervisors round them up if they miss a day—needed to hold a job.

Bunny Kelso, the Community College teacher, provides “eyeball to eyeball” instruction for her students who range from total illiterates to almost-graduates of high school. Her classroom, the basement of the administration building at W. Kerr Scott Reservoir, is a constant scene of intense concentration.

“Bunny” is really excited about her progress with the men. When interviewed in October, she exclaimed, “Why, two weeks ago everyone signed his name to his paycheck for the first time. And one of these men, an alcoholic, could not even make a legible ‘A’ five weeks ago!” Eyeglasses have solved the problem of learning to read and write for many in the program. Small success? Maybe—but at least progress.

No one under 22 years can be hired on Operation Mainstream. Dawson stated that the men, who are poor tenant farmers, come to work with “a shyness that has developed through all their lives.” Among them is a man who was reared by someone with a severe

speech impediment. He mimicked the manner of speaking so thoroughly, not knowing there was any other way, that his own speech is unintelligible.

One young man, who married above himself to a high school graduate, cried when he had to leave the program for a necessary operation. He was so anxious to acquire an education that he was allowed to take his books with him.

Once Mrs. Kelso can certify that a worker has acquired a ninth grade education, the Wilkes Community College is affording him a chance for a high school diploma. Several of the men are more interested in the chance to go to school. A spokesman for the group explained, “There’s been many a time I could have got a job if I’d had an education.”

The weekly paychecks, \$64, are fully taxable for federal and state taxes, as well as Social Security. Truly, Operation Mainstream is a success in the Blue Ridge area of Western North Carolina and at W. Kerr Scott Dam and Reservoir.

(Mr. Brown is public affairs officer for the Charleston, S.C., District office of the U.S. Army Corps of Engineers).

LOCK-UP!

If you could only know ahead of time what the closely guarded crop-figures in Washington show, you might become a millionaire dealing in commodity futures.

"Oscar! You're already a nine-time loser! Don't try it!"

"Baby, if I can pull off this job, it'll mean millions!"

"Don't try . . . 'millions?' What you gonna knock over this time?"

"The biggest of 'em all, baby, the Department of Agriculture!"

You want to make big money fast? Forget about the ponies and those long green tables in Nevada. The answer's commodity futures. Whatever fortune you can pile up in the stock market, you can amass in a fraction of the time—with a fraction of the initial investment—in commodities.

You can lose a lot faster, too, as a point of fact, but the thing of note here is the potential for positively enormous—and rapid—gain or loss, depending on how you bet and buy such esoteric candidates as corn, soybeans, oranges, and pork bellies.

The key to success is figuring out ahead of time the supply of and the demand for these commodities. The data used for figuring comes largely from the Department of Agriculture.

If a person could get that data before everyone else, even a few minutes ahead of time, why . . . it would be tantamount in some cases to having the daily double picks before the first race began.

Oscar knows that. But, USDA knows it, too. That's why they have the Lock-Up.

A way down in the east corner of the basement of the south building of that big stone pile called Agriculture—between 14th and 15th on Independence in Washington, D. C.—is a long corridor hedged with offices on both sides and double doors at each end.

Most days it is like most corridors in most government buildings in Capital City, with happy Federal employees heartily helping out the taxpayer—sometimes in ways he'd rather they wouldn't.

But several days each year (38 of

them in 1970 and an expected 40 in 1971) this corridor undergoes a remarkable change. The change actually begins the preceding day at about closing time. In every office heavy green window blinds (which sit in special runners to prevent peeking) are pulled down and wired shut with lead seals. The place is searched for unauthorized personnel, and all the phones are shut off.

The next day—sometimes as early as 5 a.m.—a man from the Agriculture Secretary's office and the secretary of

the Crop Reporting Board, a 49-year-old ex-sergeant named Mel Koehn—enter the building and advance purposefully upon a light green mailbox secured by two locks. In the presence of a guard each man takes out a key, opens his lock, and then the pair gather up the contents of the box and give it to an ex-colonel named Glenn Simpson, the Crop Reporting Board's chairman.

Escorted by a guard, Simpson and Koehn enter the aforementioned corridor. The doors are locked behind them, and the reports taken into the



Leaving the lock-up, a sealed area of the U.S. Agriculture Department, Crop Reporting Board Secretary Mel Koehn (left) and Chairman Glenn Simpson pass guard on their way to deliver crop estimates to representatives of the news media.

board room, a chamber titled 0244. There, on seven tables set up by the Department's 43 Statistical Reporting Service Officers around the country (one in every state, excepting Delaware, which shares with Maryland, and Massachusetts, which handles all the New England States).

This is data that came from several thousand farmers and agricultural experts—called crop reporters—to the 43 State offices, was compiled there, checked and rechecked (sometimes with the aid of coded communications via a computer network in Washington) and now is in the form of estimates, one for each state.

Simpson and Koehn are joined by five or six other men. Three of them are probably from the state offices, and two or three are from Washington. All are experts in statistics, generally very knowledgeable about agriculture and an authority on whatever phase of agriculture is under discussion this day. With the chairman and the secretary, the five or six men make up the day's representation of the Crop Reporting Board.

Other people come into the corridor, showing special passes like the seven or eight who preceded them, and after a while the area has its normal complement of personnel—perhaps 100 persons.

But nobody goes out. Nobody. The Lock-up is in session, and until it is over—that is, until the members of the board have looked at all the state estimates and hammered out a national board estimate which has been signed by the Agriculture Secretary or his appointed representative—the corridor is literally locked up.

Even if the board reaches its decision and prints its estimate (there are facilities in the corridor for running off a limited number of copies) almost immediately, the area stays secured until a pre-determined time, normally three p.m., sometimes 11 a.m.

It has happened that people who should not have been in the area have ended up—inadvertently—in the Lock-up. One person, just before the guard was posted, ignored a warning sign in order to use the rest room—and had to

wait several hours before being released from the area.

Shortly after the Lock-up ends, the guard at the door is told how many people will be leaving with the board estimates. If two is the number to be exiting, the guard lets two go out—and that's all.

Carrying copies of the board estimates, looking neither to the right nor to the left, the selected first-outers leave the corridor, walk several feet down another hall, take a right and enter the press room.

Here, standing before eight marked booths, are representatives of the wire services, a broadcasting system, the "Journal of Commerce," and, of course, the "Wall Street Journal." Already they have called their respective offices and now the phones in each booth sit open.

At a signal from the Crop Reporting Board man who has the esti-

mates, the media representatives step across the white line that runs parallel to and perhaps three feet in front of the row of booths. The CRB man walks behind the media representatives and places in each booth, face down, a copy of the board estimates.

Then he steps back. All watch the wall clock. When the second hand hits the appointed hour—perhaps three p.m. on the nose—the CRB man gives the signal and the media men turn, step to their booths, pick up the estimate, and begin dictating their stories into the phone. The rest of the corridor opens up. The Lock-up is over.

"Oscar! Did you hear the security that joint has?"

"Yeah, baby, and wow! I'm gonna try somethin' else. I heard about a place they got a pile of gold, though, down in Kentucky..."

Ted Shepherd, RENS



"Now!" says the Secretary as the clock hand hits three, and newsmen for TV, papers and other media cross the white line to report into waiting open telephones information that will affect millions of investor dollars in commodities trading.



A bright new 48-page cookbook is just off the press which may be of interest to you. For the first time, old and new corn meal recipes have been compiled into one book called "Heritage Corn Meal Cookery." Over one hundred recipes, for breads and cereals, desserts, and main dishes, are included plus cooking tips and helpful hints. Recipes range from hoe cakes of our early heritage to tamales from another heritage.

These recipes, both simple and more sophisticated, will furnish tasty eating for the entire family. Many of the selections have been chosen from the "Corn Meal Bonanza" bake-off contests.

"Heritage Corn Meal Cookery" is available by sending fifty cents (50¢) to cover handling charges to:

"Cookbook"
N. C. Corn Millers Association
Box 17292
Raleigh, N. C. 27609

Please print name and address clearly. Any checks should be made payable to N. C. Corn Millers Association.

HUSH PUPPIES

- 1 cup self-rising corn meal
- 1 teaspoon sugar
- 1 tablespoon self-rising flour
- $\frac{3}{4}$ cup (or more) water or buttermilk (or mixture of the two)
- 1 teaspoon minced onion (optional)
- 1 tablespoon melted fat or cooking oil (optional)
- 1 egg (optional)

Mix all ingredients together. Drop into deep fat heated to 350° F., or fat is ready when a cube of bread browns in 60 seconds. Cook at this temperature until golden brown or until hush puppy floats. Drain on paper towels. Serve hot. NOTE: The hush puppy does not cook thoroughly in the center if too much liquid is used. If enough liquid is not used, the outer appearance is rough and the hush puppy is not as light. Hush puppy mixture drops from the spoon easier if the spoon is dipped in a cup of cold water frequently. For round hush puppies, use a small spoon. For long hush puppies, drop from side of tablespoon.

EASY SPOON BREAD

- 2 cups water
- 1 cup plain corn meal
- 1 cup milk

- 1 tablespoon shortening
- 1 teaspoon salt
- 2 eggs

Mix the water and corn meal and bring slowly to the boiling point. Cook five minutes. Add the milk, shortening, salt and well beaten eggs. Beat thoroughly and bake in a well-greased pan or casserole at 400° F. for 25 minutes or until done. Serve from the same dish with a spoon.

ORANGE CORN MUFFINS

Muffins:

- 1 cup plain corn meal
- 1 cup sifted all-purpose flour
- $\frac{1}{3}$ cup sugar
- 4 teaspoons baking powder
- $\frac{1}{2}$ teaspoon salt
- 1 egg beaten
- 1 cup milk
- $\frac{1}{4}$ cup soft shortening
- $\frac{1}{2}$ cup chopped pecans
- 1 teaspoon grated orange peel

Topping:

- 1 teaspoon grated orange peel
- $\frac{1}{4}$ cup sugar
- $\frac{1}{4}$ cup butter, melted

FOR MUFFINS: Sift together corn meal, flour, sugar, baking powder and salt into bowl. Add egg, milk and shortening. Beat with rotary beater until smooth, about 1 minute. Lightly stir in pecans and orange peel. Fill greased medium-sized muffin cups $\frac{3}{4}$ full. Bake at 425° F. for 15 to 18 minutes or until lightly browned. While muffins are baking, prepare topping.

FOR TOPPING: Combine orange peel and sugar. Remove baked muffins from muffin cups immediately. Dip tops into melted butter then into orange-sugar mixture. Serve piping hot. Makes 1 dozen.

CORN MEAL VEGETABLE CARROT CASSEROLE

Spoon Bread:

- 1 cup water

Cookery

1 cup self-rising corn meal
2 tablespoons shortening
2 eggs, separated
2 cups milk

Bring water to boil. Stir in corn meal and shortening. Add egg yolks. Stir in milk gradually. Beat egg whites until stiff, fold into corn meal mixture.

Vegetable Carrot Ingredients:

3-4 carrots, boiled
3 tablespoons butter
2 cups cheese, grated
 $\frac{1}{2}$ cup green garden peas, cooked
or 1 small can
 $\frac{1}{2}$ cup milk

In casserole dish place oblong or round carrot slices. Dot with butter. Drop half of the corn meal spoon bread by teaspoons between the carrots. Sprinkle on 1 cup cheese, place asparagus and peas next. Whip eggs and milk together and pour over top. Drop remainder of spoon bread batter on top. Sprinkle on remaining cheese. Bake 30 minutes at 350° F. Yields 8 to 10 servings.

OLD FASHIONED LEMON DROPS

$\frac{1}{2}$ cup butter
 $\frac{3}{4}$ cup sugar
1 egg
1 cup self-rising corn meal
 $\frac{1}{2}$ cup self-rising flour
 $\frac{1}{2}$ cup milk
 $\frac{1}{2}$ teaspoon lemon rind
1 teaspoon lemon flavoring

Cream butter and sugar and then add the egg. Beat and add the corn meal and flour. Next add the milk, lemon rind and flavoring. Drop the cookies by the teaspoonful onto a greased baking sheet. Bake for about 8 minutes at 375° F. Glaze the cookies with the lemon glaze while they are still warm. Let stand until the glaze becomes set. Yields approximately 3 $\frac{1}{2}$ dozen cookies.

Lemon Glaze:

$\frac{1}{2}$ cup confectioners sugar
3-4 tablespoons milk
1 teaspoon lemon rind

Mix the three ingredients together until smooth. The mixture should be thin and runny, and if it is not, add more



milk by the teaspoonful. This glaze will harden on the cookies.

SWISS BRUNCH SURPRISE

$\frac{3}{4}$ cup plain corn meal
 $\frac{3}{4}$ teaspoon baking soda
 $\frac{3}{4}$ teaspoon salt
1 $\frac{1}{4}$ cups boiling water
2 tablespoons butter
 $\frac{3}{4}$ cup buttermilk
3 egg yolks, slightly beaten
3 egg whites, stiffly beaten
1 cup diced cooked ham
2 cups grated swiss cheese

Heat oven to 375° F. Grease 2-quart casserole on bottom only and place in pan of hot water to preheat. Blend meal, soda and salt. Add boiling water slowly, stirring until mush is formed. Add butter and cool slightly. Blend in buttermilk and beaten egg yolks. Carefully fold in stiffly beaten egg whites, ham and cheese. Bake approximately 45 minutes until knife, inserted halfway between center and outside edge, comes out clean. May be served with or without this easy mushroom sauce. (Blend and heat 1 can condensed cream of mushroom soup and $\frac{1}{4}$ cup milk.) Yields 5-6 servings.

MAILBOX

Regarding your article about used appliances, basic appliances are a real luxury in Israel. Hot water is usually made by having a tank on the roof where the sun can heat it. Electric stoves and refrigerators are rare. It is too expensive to ship used appliances from the States, but we have people in Israel who can rehabilitate worn-out appliances if they can get the right parts.

David Bronstein
P.O. Box 506
Clearwater, Fla. 33517

I liked both your lead editorial and your very constructive article on transportation. I would love to see your idea about improving east-west train service vigorously pushed. And of course it is always a joy for me to go along with Mr. Lake whenever I can and especially in the matter of rate increases. Stay in there and fight.

W. W. Finlator
Raleigh

We have been wanting to drop you a line commending you on your views on various subjects. We are glad you are with Carolina Country. Your articles make a lot of sense—like the ones on using hydroelectric power to reduce pollution and on mass transportation—and we are glad you printed the name “Reader’s Digest” in Mrs. Roy Adkins’ letter. So many weak ones today would have said “a well known monthly publication” or used some other out.

Jack and Anne P.
Rosman

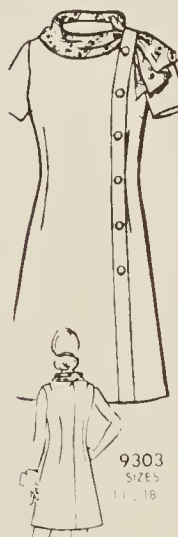
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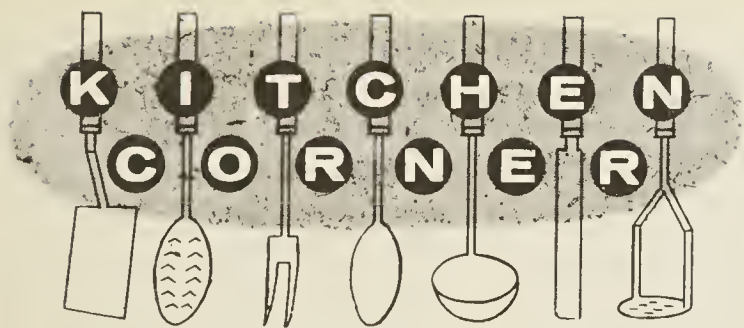
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Send 65 cents in coin (no stamps) for each pattern to: CAROLINA COUNTRY, Box 42, Old Chelsea Station, New York, N.Y. 10011. For first class mail, add 15 cents for each pattern.



Shrimp Casserole

Seafood lovers, take notice. Mrs. John F. Tuttle of Havelock has sent us a wonderful "Shrimp Casserole" recipe.

Mrs. Tuttle is a widow with 6 children, 18 grandchildren and 5 great-grandchildren. She writes she has lived in Havelock for 28 years, likes to entertain her friends and loves to cook. Her "Shrimp Casserole" recipe has been previously published in her state garden club cookbook.

Mrs. Tuttle is served by the Carteret-Craven Electric Membership Corporation.

If you have a favorite recipe you'd like to share through this column, send it to: Betty Twiggs, Kitchen Corner, P.O. Box 1699, Raleigh, N.C. Tell us something about your self and family and give us the name of your electric membership corporation. We pay \$2 for the recipe chosen monthly for this column.

CAROLINA COUNTRY RECIPE

Submitted by Mrs. John F. Tuttle, Sr., 329 Miller Boulevard, Havelock, N.C.

SHRIMP CASSEROLE

Brown 1/3 cup rice in 2 tablespoons butter. Add 1 1/2 cups of water and simmer till tender (about 25 minutes). Cook 1 pound shelled shrimp, drain and reserve 3/4 cup of the liquid. Add salt to taste.

Melt 1 tablespoon butter in sauce pan. Blend in 1 1/2 tablespoon flour. Add 1/2 cup shrimp liquid, 1/2 cup tomatoes. Stir constantly, when thick add 2 teaspoons grated onion, 1/2 cup grated carrots, 1/4 teaspoon Worcestershire sauce, then add shrimp. Put rice in bottom of casserole dish. Cover with hot shrimp mixture. Top with cheese and brown in oven at 425° F.

Free Patterns



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☐ Sporty Shell

☐ Crocheted Hat

My name is: _____

Address: _____

Comment; if any: _____

The name of my EMC is: _____

Consumer News

In addition to the other important services it performs, Attorney General Robert Morgan's Consumer Protection Division has begun providing news media a bulletin chock-full of information on deceptions and questionable business practices which have come to its attention. Prepared by Assistant Attorney General Eugene Hafer, the bulletin gives newspapers and other media like *Carolina Country* facts with which to help their readers and listeners avoid the pitfalls which await unwary consumers. In the following article, *Carolina Country* inaugurates a new feature. Written by Thomas J. Bolch, a former member of the Attorney General's staff, *Consumer News* is based on information

drawn from the Attorney General's bulletin. Tom Bolch, a newspaperman before he turned to law, is now a member of the Raleigh law firm of Crisp, Twigg and Bolch.

By Thomas J. Bolch

The Consumer Protection Division of the North Carolina Attorney General's Office has warned officers of Home Demonstration Clubs, church groups, Ruritan Clubs and other rural organizations to think twice before being pressured into cook book, church directory and similar fund-raising drives.

The Attorney General's Office has received widespread complaints from organizations across the state which have been talked into such fund-raising schemes by contract-salesmen only to learn that most of the money goes to the salesman or printer and the printing is late and usually shoddy.

Before anything is signed, a careful

investigation should be made to determine the background of the person or firm offering to produce cook books or directories.

Such an investigation should include telephone calls to nearby Better Business Bureaus to see if they have had any complaints about the person and firm and calls to reference furnished by the firm (including at least five satisfied customers).

Entering into such fund-raising drives without proper checking can lead to severe embarrassment by the club or sponsoring group. It can be especially embarrassing to collect money in the name of charity and then not be able to deliver the promised goods when the time for delivery arrives. And it can be embarrassing to have to admit you have been defrauded.

Signing a paper agreeing to participate in such a drive can obligate the officer or organization to pay hundreds of dollars even if the organization decides not to go through with the drive (because the signed paper is often a binding contract).

BEWARE OF THESE: The Consumer Protection Division also warns of these schemes —

— An offer of merchandise free, such as a blender, providing that the recipient "give away" similar merchandise to several friends. The "gift" turns out not to be free when the receiver learns he has signed a promissory note.

— Loan brokers offer to obtain venture money: they charge an advance brokerage fee and deliver worthless paper and empty promises. (Demand and contact references before parting with signature or money).

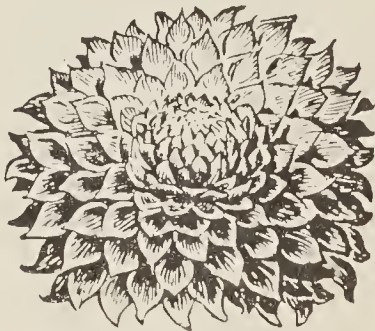
— Magazine solicitors saying you will help them earn "points" on scholarships by buying from them. (If you feel sorry for them, give them a dollar or two; it will be cheaper in the long run).

The Consumer Protection Division bases much of its work on information supplied by people like you. If you have been the victim of what you consider to be fraud, deception or sharp dealing, please write to the Division, setting forth the details of what happened. Letters should be addressed to: Mr. Eugene Hafer, Assistant Attorney General, Consumer Protection Division, P. O. Box 629 Raleigh, N.C. 27602.

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Governor Cites Housing Gains

Speaking at a housing industry meeting in Houston, Tex., Jan. 17, Governor Scott cited cooperation between North Carolina's EMCs and the Farmers Home Administration as an example of the ways North Carolina is solving the housing crisis.

The Governor addressed the annual convention of the National Association of Home Builders. He told the industry leaders about the North Carolina Housing Corporation, the Low-Income Housing Development Corporation and the housing efforts of the Department of Local Affairs.

Discussing the activities of electric membership corporations in support of the Farmers Home Administration rural housing program, he said:

"In a speech 10 months ago, I challenged the managers and directors of North Carolina's electric cooperatives to give the same top priority to upgrading rural housing that the organizers of our electric co-ops gave to rural electrification in the late 30s and early 40s. I suggested that they follow the lead of the National Rural Electric Cooperative Association in support of the rural housing program of the Farmers Home Administration.

"The electric co-op leaders accepted my challenge. They met with Farmers Home Administration officials and spread the word to rural North Carolinians that housing loans were available and that the electric co-ops would help them obtain these loans.

"The results of this activity are most pleasing. In the last six months of 1969, the Farmers Home Administration in North Carolina approved loans for 1,734 low-income homes. In the last six months of 1970, loans were approved for 3,352 homes. Even

more impressive is that the amount of housing loans by the Farmers Home Administration (for rental and moderate as well as low-income

housing) in my state rose from \$19 million in the last half of 1969 to nearly \$43 million in the last half of 1970."



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"Should Teenagers Be Restricted Because of Low Grades?"

"Whether or not teenagers should be restricted from activities due to low grades would depend on how low the grade and how frequent the schedule of activities. If the grade is very low and it is apparent that frequency of activities is a possible cause for this low grade, the more attention should be given to studies and less to activities. However, I don't think that teenagers should be restricted entirely from dates and other activities because of low grades. If grades become a problem, teens should schedule their time in such a way that time will be available for necessary study and for outside activities."

Dale Woodlief
Rt. 1, Kittrell

Dale is 16 years old and a student at South Granville High School. He is a member of the French Club, F.T.A., F.H.A., Beta Club and Student Council. His parents, Mr. and Mrs. Alan Woodlief, are served by Wake Electric Membership Corporation.

"Teenagers and parents should understand each other, and compromise when problems of this nature arise. Parents and teenagers should agree on certain rules to go by, and try to see each other's side. In my opinion, if a teenager brings home a bad grade, some of his social activities should be taken away, until that grade is brought up. I don't think a parent should take away all privileges, except in extreme situations. Parents should explain to their teenagers, that their recreation is limited so that they have more studying time, and not just being punished!"

Shirley Conley
Rt. 2, Cameron

Shirley is 16 years old and a junior at Benhaven High School. She enjoys reading and horseback riding. Her parents, Mr. and Mrs. B. H. Mangum, are served by Central Electric Membership Corporation.

"Teenagers should be restricted because of low grades if their parents feel that the grades are lower than they usually would be if their child was not dating and participating in other activities. However, I do feel that the parents should give their child fair warning of what the restrictions would consist of if the grades were not pulled up to higher ones. I feel that this should especially hold true for students who plan to further their education."

Ina Jean Dillard
Rt. 2, Box 280, West Jefferson

Ina Jean is 16 years old and a junior at Ashe Central High School. She is a member of the Pep Club, French Club and Photography Club. She enjoys water skiing, swimming and most outdoor sports. Her mother, Mrs. Eldreth Dillard, is served by Blue Ridge Electric Membership Corporation.

"Some students have more ability than others. If a student has the ability to do his schoolwork well and will not apply himself, he should be restricted from dates or other activities because of his low grades. But, if the student tries to his utmost ability to do his schoolwork and does not seem to be able to pass with an honor or average grade in all subjects, he should not be restricted. We all have a weakness somewhere in our subjects. There's always at least one that's a little harder than the others. There is also at least one subject that can really be conquered if you fully apply yourself. Therefore, the answer to the question depends totally upon the student."

Sandra Galloway
Rt. 1, Box 246, Riegelwood

Sandra is a junior at Elizabethtown High School. Her hobbies are singing, sewing and listening to music. Her mother, Mrs. Mary Galloway, is served by Four County Electric Membership Corporation.



NEXT QUESTION

"What should be done about teenagers smoking in high school?"

This question was submitted by Kathy Johnson, who will be receiving \$5 from CAROLINA COUNTRY. Kathy is 14 years old and attends Harmony School. Her parents, Mr. and Mrs. Thomas Reece Johnson, are served by Crescent Electric Membership Corporation.

If you have a good answer, send it to THE TEEN ROUNDTABLE, Carolina Country, P. O. Box 1699, Raleigh, N. C., at once. Tell us a few facts about yourself—your age, school, hobbies, etc. Include your parents' name, and the name of the electric membership corporation serving you. If your answer is published, we will send you \$5.

If you want to submit a question, send it along for our statewide panel to answer. For each question used, the sender will get a \$5 check. Jot yours down and send it to us right away.

BEST OF BOOKS

All who enjoy reading of North Carolina's past, all who would know more about our history and all who love old homes will find much to please in "The Plantation World Around Davidson," by Dr. Chalmers G. Davidson of the Davidson College faculty. Published by the Mecklenburg Historical Association, the book is a combination guidebook for sightseers and an historical account of the homes and families which made the area around Davidson College one of the most prosperous in the Piedmont before the Civil War. The book may be ordered from Davidson Printing Co., Box 548, Davidson, N. C. 28036, for \$3.50, plus 25 cents for mailing. A feature of the book is a fold-out map showing the exact sites of the ante-bellum homes, and there is a section on ante-bellum Davidson featuring the most notable buildings in the town.

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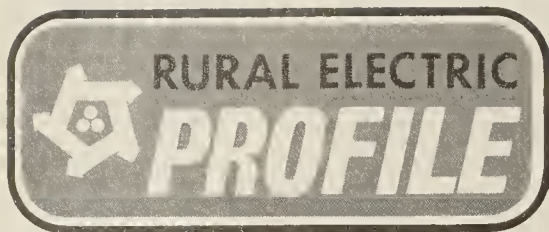
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"It took me four years to convince her."

Randolph EMC's Alton P. Wall Has A Knack for Getting Things Done

The only thing permanent is change," the speaker said. The statement came from no particular context, but it was to set the mood for the remainder of an usually warm Tuesday in early December. A delightful day with Al Wall.

Al Wall was only seven years old when his family moved from Rural Hall to Randolph County to farm. One would never suspect that the big 250-pounder today had pneumonia seven times before he was 10 years old.

Al Wall skipped the seventh grade because he had to work. ("But don't tell anybody.") In fact, he worked a total of three years before he finished high school. But he finished.

When the 19-year-old lad entered Wake Forest College, he and his Dad rented a truck and lugged a cow from the farm all the way from Randolph County to a lady at Wake Forest who promised board "for a country boy with a cow that will give three gallons of milk a day . . . and a boy to milk her."

Al Wall sang bass in the church choir. One day he noticed how pretty the church pianist looked and decided that one day he would marry her. Four years later they were married. ("It took me four years to convince her!")

Al Wall seems to have a knack for getting things done, and this ability has been a valuable resource in his 22 years as manager of Randolph Electric Membership Corporation.

Randolph EMC, with headquarters in Asheboro, serves over 11,000 consumer-members in a five-county area in the progressive Piedmont section of the state. Most of the EMC's consumers are in Randolph and Moore counties, but it also serves members in Alamance, Chatham and Montgomery counties.

"Our members in the early days were dependent on agriculture such as tobacco, grain crops and dairying," Wall said. "But with the coming of electric power, we had great expansions in poultry operations, and now we're in the heart of the Central North Carolina Broiler Belt.

"Today at least 80 percent of our members have at least

one family member on an industrial or commercial payroll," Wall continued. Randolph EMC's members work mainly in the numerous textile mills in the area. Both the Burlington and Klopman companies have several mills in the EMC's service area.

The processing of hams and feed processing for poultry are becoming bigger industries, according to Wall.

Randolph EMC serves 37 commercial and industrial loads with a demand of over 50 kw. These include Currie Mills of High Falls, a textile operation, Cloverleaf Farms, Hancock Country Ham Company, Thomas Brothers Ham, Cloverleaf Ham, Superior Stone Company and an asphalt plant.

Alton Payne Wall was born October 6, 1912, in Rural Hall—a small community above Winston-Salem—the son of Charles William and Alice Newsom Wall. His father established the first bus service from Rural Hall to Winston-Salem, and from Winston-Salem to Mocksville and Statesville.

Al had six brothers and one sister. He was the middle child, and by his own admission, Al "was also the tallest, heaviest and meanest!"

Al's brothers include Charles T. and Harold W. Wall, who live in Winston-Salem; Walter E. Wall lives in Jacksonville, Florida; James H. in Fremond, California, and Shirley A. Wall of Randleman. The oldest brother, Vernon E. Wall, is deceased.

The sister, Mrs. Maud Vickory, is retired and lives in Pleasant Garden.

Al Wall attended White Hall Elementary School and graduated from Randleman High School in 1932. He entered Wake Forest College that fall, but stayed for only one year "because of no money."

He returned home to Randolph County to help with the family farm "and did most anything I could during the winters."

In February of 1939, Wall began work part-time with



"The only thing permanent is change."

Randolph EMC which had just received its charter the month before. Wall helped get easements recorded so that line constructions could be released to contractors. He worked through the summer and during that time worked with the line crew some, too.

In June of 1940, Wall started full-time with the EMC as an apprentice lineman and meter reader. He left in February, 1942, to take an electrical distribution course at N. C. State College, finished the course and joined the Army in May.

After receiving basic training at Ft. Belvoir, Virginia, he went through O.C.S. and was then sent to Ft. Bragg as a second lieutenant in charge of an engineers platoon. In March of 1943, he was sent to North Africa to build railroads, depots and roads.

After a year there, Wall went to Italy to a training facility where troops were being prepared to hit Southern France. Later, he followed the Seventh Army into Southern France to help rehabilitate the area.

From France, Wall was sent to Germany and was there at the time of his discharge on Dec. 5, 1945. However, he remained in the Reserves, and he retired in 1964 as a lieutenant colonel.

Wall came back to Randolph EMC as a resident engineer on Dec. 10, 1945. Three years later in January of 1948 he became Assistant Manager, and then became manager in May when Cecil Viverette left Randolph to become manager of Blue Ridge EMC, headquartered in Lenoir.

Al Wall is a precise man. When asked a particular date "roughly speaking" he replied, "I don't believe in doing things roughly," and rushed out of his office to look it up. He has a fantastic memory for the dates, names and faces that have been a part of the many years he has so ably served Randolph EMC.

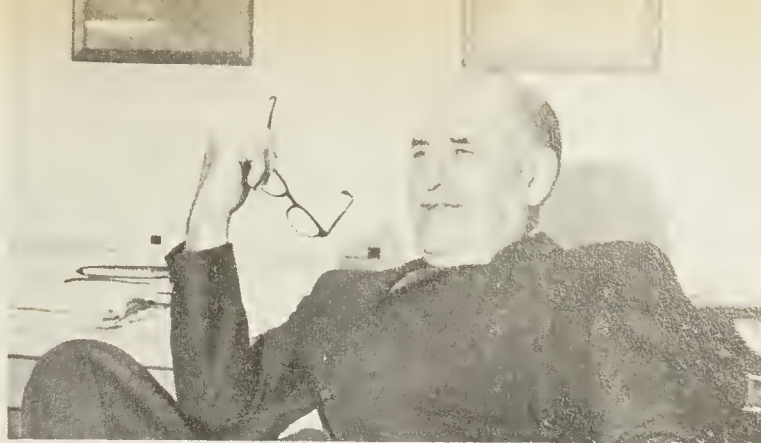
As he had said earlier, "The only thing permanent is change." And as we rode through the rolling hills composed of large tracts of timber and pasture surrounding Asheboro, the meaning of the words was realized.

The old Wall family place used to stand miles north of town. The land belongs to someone else now, but several large oak trees, stripped of their golden leaves by winter winds, outlined the general area where the old homestead once stood.

An old weather-beaten barn still stood in the back yard—the one that Al helped his father build and the only visible sign of permanence of a childhood.

A few miles away in the White Hall community the old two-room school that Al attended is now part of the framing of a home—with no hint that kids once played in the schoolyard.

Even though change was the predominant mood, it did not set a mood of sadness or nostalgia; rather, it seemed to



"I don't believe in doing things roughly."

recall days of happiness and gladness—in spite of the hard times.

Wall is married to the former Nelle Robbins of Randleman. They were married at Ft. Belvoir, Virginia the same afternoon that he became a commissioned officer on Nov. 25, 1942. They have one child, a married daughter, Mrs. Wayne Nail of Winston-Salem.

The Walls live 13 miles southwest of Asheboro off N.C. 49 in a handsome brick, ranch style home which is part of a 186 acre farm. Wall used to grow corn and raise hogs, but now he has only 24 head of cattle.

Wall is active in rural electrification programs and civic and community activities. He has served as president of Tarheel Electric Membership Association and also N.C. Electric Membership Corporation.

He is chairman of the N.C. Power Committee and serves on a national power and generation committee.

He is a past president of the Farmers Cooperative Council and of the Northern Piedmont Area Development Association. He serves as master of the Pomona Grange, is a member of the Chamber of Commerce and a Mason. He is on the Board of Trustees of the Randolph Technical Institute and served for 10 years on a local school board.

The Walls attend church at Greystone Baptist Church in Asheboro. Both are charter members and he teaches an adult men's class and sings in the choir; Nelle plays the piano—the same positions they held 32 years ago when he decided he would marry her.

Wall, who sports a bushy mustache that is now 80 percent gray, is a man of deep convictions and spoke of many matters that concern him. "One of my real concerns is the role the church plays in people's lives today—like a fallout shelter," he said. "I'm not sure it's the church's fault or the people's.

"Another thing that concerns me is people's attitudes toward their work," he added. "Work should not be a drudgery; it should be something that people enjoy.

"We're so busy griping about the things we don't have that we don't pause to be grateful for the things we have," he went on. "We say that people in the hills are contented—and that's most important."

Turning to the EMC he said: "I see our program as the only hope from keeping the industry (electric) from being nationalized. I don't think this generation will continue to take past abuses of the industry. I believe a pluralistic industry will keep the industry from being nationalized."

Wall concluded with a significant point: "As manager I worry about quality of service. I don't have to worry about a rate of return on equity capital. They (the member-consumers) own the system not for a source of revenue—but as a means of service."

A significant point indeed.

Ed Brown

HALE!

What the Doctor Ordered

A socially prominent matron invited her doctor to dinner. She asked RSVP. The doctor was prompt in his reply, but the matron couldn't make out his scrawl. Was he or was he not coming? Her dear hubby came to the rescue. He said he would take the doctor's reply to the local druggist, who had years of experience deciphering the longhand of many doctors.

The druggist read the scrawl, bent down, and put a big bottle of medicine on the counter: "That will be three eighty please."

The Money Man

Early in February last year, a second grade teacher posted a picture of Abraham Lincoln on the class bulletin board. "Does anyone know who this is?" she asked.

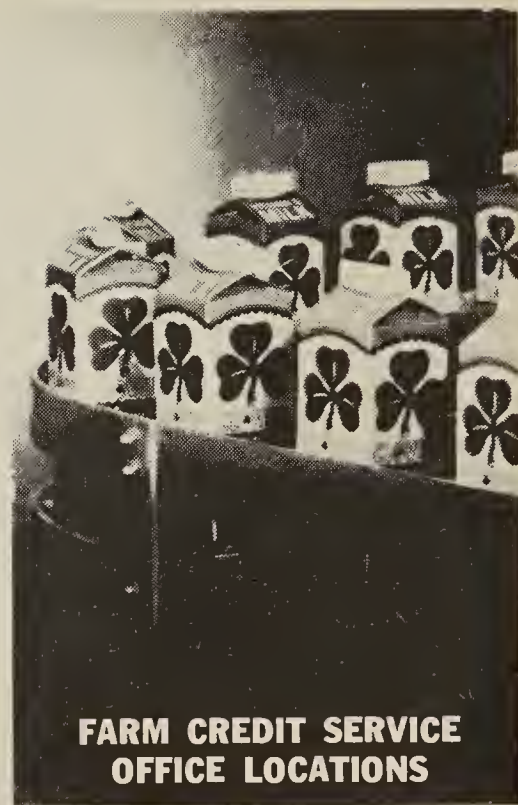
From the back of the room a small voice piped, "Yes, that's the man who makes pennies."

Piece by Piece

The 4-year-old was absolutely fascinated with his grandfather's false teeth. After staring transfixed while they were removed for brushing and replaced, he asked to have the process repeated. The obliging grandfather did it several times for the youngster, then asked, "Now what?" The child's eyes shifted momentarily and then he said, "Take off your nose."



"What did your father say when you told him about our engagement?"



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- | | |
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| Albemarle PCA | Nashville PCA |
| Asheboro PCA | New Bern PCA |
| Asheville PCA and FLBA | Newton PCA |
| Burgaw PCA | Oxford PCA |
| Baone PCA and FLBA | Plymouth PCA |
| Carthage PCA | Raeford PCA |
| Cherryville PCA | Raleigh PCA |
| Clinton PCA and FLBA | Reidsville PCA |
| Concord PCA | Rocky Mount PCA |
| Dunn PCA | Roxboro PCA |
| Elizabeth City PCA | Salisbury PCA |
| Elizabethtown PCA | Sanford PCA and FLBA |
| Ellerbe PCA | Shelby PCA and FLBA |
| Fayetteville PCA | Siler City PCA |
| Goldsboro PCA | Smithfield PCA and FLBA |
| Graham PCA and FLBA | Snow Hill PCA |
| Greensboro PCA | Statesville PCA and FLBA |
| Greenville PCA | Tarboro FLBA |
| Henderson PCA and FLBA | Trenton PCA |
| Hendersonville PCA | Wadesboro PCA |
| Hillsborough PCA | Warrenton PCA |
| Jacksonville PCA | Washington PCA and FLBA |
| Kenansville PCA | Waynesville PCA |
| Kinston PCA and FLBA | Weldon PCA |
| Laurinburg PCA | Whiteville PCA and FLBA |
| Liberty PCA | Williamston PCA |
| Louisburg PCA | Wilmington PCA |
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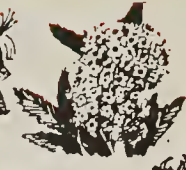
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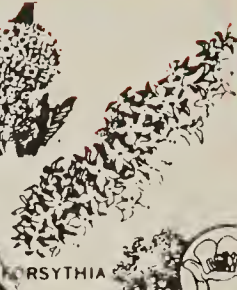
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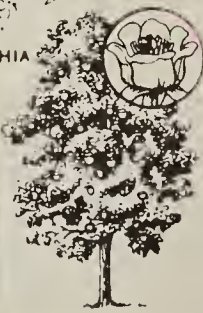
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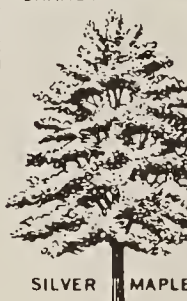
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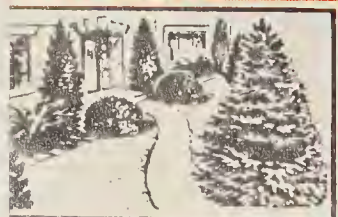
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